

# MAHATMA GANDHI INSTITUTE OF MEDICAL SCIENCES, SEVAGRAM

# Nurturing creativity, analytical skills and innovation among students

#### **CREATIVITY:**

Cultural programme in Orientation Camp: Every year, first year undergraduate students showcase their talent in the cultural programme organized in the valedictory function of Orientation camp. The entire program is primarily planned by students and they use creative ideas to make it more interesting. Socially relevant issues are raised through skits. Since we admit students from all over the country, national integration is reinforced through performance of dances, songs and activities from all parts of India.







**Painting competition in Orientation camp**:- Like every year, interested students draw and paint various art pieces on canvas. As a tradition, we display these in the valedictory function to choose the best paintings. All the paintings are then used as a decorative art pieces in our premises.



#### **College magazine:**

Each year, students release their magazine Sushruta. This magazine has three language sections, a clinical section and as art section. This can be accessed here: <a href="https://www.mgims.ac.in/index.php/research/in-house-publication">https://www.mgims.ac.in/index.php/research/in-house-publication</a>

**Cultural function at Social Service Camp:** Every year in the Social service camp in the adopted villages, students hunt out talents from among the villagers. They organize a cultural function. Starting from the planning to anchoring of the programme, all these are primarily done by our first year UG students.





They also organise various competitions with help of social workers of community medicine department during the social service camp for the villagers like: Rangoli competition, Healthy baby competition and healthy elderly competition etc.



#### **ANALYTICAL SKILLS:**

In every Social Service Camp, we also demonstrate various participatory learning and action techniques. Students observe the entire process and then we ask them to present a summary with the all students. PLA techniques like social mapping, focus group discussions, Venn diagram, seasonal calendar, transect walk etc. are demonstrated and conducted









One of the major activities in Social Service Camp and ROME camp are group research projects. Students discuss among themselves regarding major issues/questions which they have felt is important in their adopted village and they finalise their research questions with help of faculty members. Then students prepare a protocol and conduct rapid survey using electronic data collection tool. Every year in both camps students conduct at least four group projects. Many times after completion of the camp they publish it/ present it in scientific forum and also win prizes.

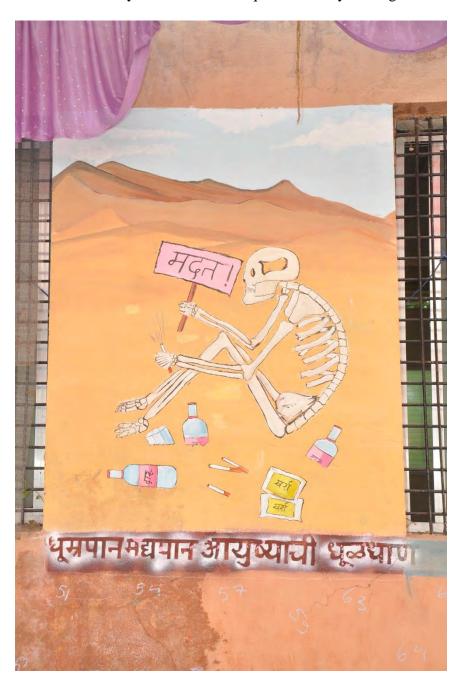


#### List of group research topics in Rome 2021 camp:-

- a) Covid vaccination coverage in rural part of Central India and factors inhibiting vaccine acceptance
- b) Prevalence of depression in rural Wardha
- c) Treatment compliance and health-seeking behaviour of hypertensive and diabetic patients in rural Wardha
- d) Experience of women regarding ANC services received by them in rural Wardha: A qualitative study
- e) A time-motion study in rural Wardha on ASHA and Anganwadi workers during the covid pandemic and studying the facilitating and inhibitory factors affecting their performance
- f) Physical Activity and Dietary patterns among adults in rural areas of Wardha district

#### **INNOVATIONS:**

Every year in ROME camp we organise school health education session which is followed by development of IEC materials. Students create educational material in groups. These are then presented by students in nearby schools in the rural area. Students use many innovative techniques to convey message to rural masses.







# **UG COVID** warrior volunteer groups:

During the COVID pandemic, our UG students came forward to join hands with the hospital staff and formed a volunteer group. They mainly helped us to develop effective social media messages to circulate in our field practice areas. They also developed materials on COVID awareness, vaccine myths etc.

#### **Appropriate technology session:**

We also conduct one session in every social service camp on appropriate technology to sensitize our students regarding innovation for real-life problems with suitable

examples. E.g demonstration of soak-pit



#### **Field visits:**

After completion of 15 days residential social service camp; students visit the same village and adopted families once in a month for next three years. Each field visit has topic which we expect our students to study in their families and to provide a solution. There are many interesting case studies where our students have provided innovative solutions at the individual/family or community level.







		Schedule for ROME (Re-Orientation of Medical Education) Camp July 2021								
Date	8am – 9am	9am - 10am	10 am -11 am	11am - 12pm	12pm - 1pm		2pm - 3pm	3pm	- 4pm	4pm – 5pm
8 <sup>th</sup> April Friday	Introduction and briefing about ROME camp activities	ROME Camp: The Concept <b>Dr. BSG</b>				H BREAK	Workshop on Rapid Survey Methodology (SSG, CM, DGD, AVR, AK AM, AJ, AD)			Identification of research topics (in groups)
9 <sup>th</sup> April Saturday	Tool development for RS	Primary health care: <b>AM</b> Developing health education materials: <b>AVR</b>				LUNCH	RMNCH+A – <b>AJ, PGs</b> (interactive session)			Tool development for RS
10 <sup>th</sup> April Sunday	Tool develo	development for RS  Hands-on Data entry using Kobo: AK  Discussion on PHC/SC/ HWC checklist					Clinico Social History taking: PGs  Tool developme RS			Tool development for RS
11 <sup>th</sup> April Monday	Batch A (1-50): Data Collection for RS – Warud (8-10 am) Clinico-social case discussion (10:30 am -1 pm) Batch B (51-100): Visit to Anji PHC and Pipri HWC				)		RBSK: Mr. Prabhaka (Dist. Coordinator)			anding health system listrict level: <b>DHO</b>
12 <sup>th</sup> April Tuesday	Batch B (51-100): Data Collection for RS – Warud (8-10 am) Clinico-social case discussion (10:30 am -1 pm) Batch A (1-50): Visit to Anji PHC and Pipri HWC			n)	LUNCH BREAK	NPSP and MR surveillance: <b>Dr Thosar</b> education in patient/b Counselling			Developing health education materials for patient/beneficiary Counselling and health education	
13 <sup>th</sup> April Wednesday	Data Collection NVBDCP: <b>Dr. Jayashree Thote</b> ( <b>DMO</b> )				<u>ו</u>	NTEP: <b>Dr. Seema Mankar (DTO)</b> education patient/		Developing health education materials for patient/beneficiary counselling and health education		
14 <sup>th</sup> April Thursday	Trip to Bordharan				LUNCH BREAK	Guest lecture: Ro international organiz public health: <b>Dr.</b> A <b>Deshpande, UN</b>	zations in <b>Aparna</b>		ecture (NGO and public ): <b>Dr. Yogesh Kalkonde</b>	

15 <sup>th</sup> April Friday	ICDS Scheme: Interactive session - <b>PGs</b>	Discussion: obs	ervations from HWC/ PHC	Management of pandemic (COVID- 19) – perspectives and learnings for District administration: <b>Dr Sachin</b> <b>Ombase, CEO ZP</b>
16 <sup>th</sup> April Saturday	Facts for life: Discussion	Health Insurance schemes: <b>AD</b>	NBCP: <b>Dr. AK</b> <b>Shukla</b>	NACP: DAPCU
17 <sup>th</sup> April Sunday	Prep	paration for Valedic	Valedictory function	

IDSP-IHIP: **Dr Vinit Zalke** (**District epidemiologist**)

NHM and Routine Immunization programme: **Dr Prabhakar Naik (Dist. RCHO)** 

Data analysis/ preparation of report

# 'Essential National Health Research' (ENHR) Workshop

June 2020 for UG 2018 batch

June 2020 for UG 2018							
First contact session	and subsequent exercises (8 <sup>th</sup> June)						
	Introduction of participants and Ice-breaking						
	ENHR – concept, need, process – Dr. B S Garg						
	Identifying a health problem – Dr. Anuj Mundra						
	roup work – Identify the health problems - All participants						
	Health problem to Research question – Dr. Abhishek Raut						
1 hour	Group work – Framing the research question – group facilitators						
Second contact session	n and subsequent exercises (11 <sup>th</sup> June)						
5 min for each group	Plenary Session – Presentation of Research Question – All participants and						
	facilitators						
	Writing a research protocol – Dr. Subodh Gupta						
	Searching the Literature – Dr. Ashwini Kalantri						
	Hands on Literature Search						
Third contact session	and subsequent exercises (15 <sup>th</sup> June)						
2 hours	Group work*: Protocol writing – group facilitators						
15 min for each group	Plenary – Protocol presentation - All participants and facilitators						
Fourth contact session	n and subsequent exercises (18 <sup>th</sup> June)						
	Designing Data collection tool – Dr. Chetna Maliye/ Dr. Amey Dhatrak						
2 hours	Group work – Designing Data collection tool – group facilitators						
	Computer Assisted Personal Interviewing/ Kobo toolbox -Dr. Arjun						
	Jakasania/ Dr. Ashwini Kalantri						
Fifth contact session f	or finalized protocol presentation (22 <sup>nd</sup> June)						
10 min for each group	Plenary – Presentation of Questionnaire - All participants and facilitators						

<sup>\*</sup> Relevant study design, sample size & sampling strategy to be discussed in their respective groups by Faculty facilitators

# ${\bf `Essential\ National\ Health\ Research'\ (ENHR)\ Workshop}$

# 2018 MBBS batch, MGIMS Sewagram

## June 2020

Group	<b>Facilitators</b>	Mentor
Group 1	Dr. Abhishek Raut	Dr. B S Garg
	Dr. SarinKumar PS	
	Dr. Komal Muneshwar	
	Dr. Trupti Chavan	
Group 2	Dr. Anuj Mundra	Dr. Subodh S Gupta
	Dr. Rutuja Kolhe	
	Dr. Nikhilesh Nagtode	
Group 3	Dr. Amey Dhatrak	Dr. Chetna Maliye
	Dr. Arjun Jakasania	
	Dr. Sophiya K	
	Dr. Ruchita Khandre	
Group 4	Dr. Ashwini Kalantri	Dr. D.G. Dambhare
	Dr. Shiv Joshi	
	Dr. Pranit Patil	

#### List of participants

- 1. Karan Karwani
- 2. Pulkit Nandal
- 3. Tejaswini Meshram
- 4. Pranjal Jain
- 5. Shashvithaa Shivakanthan
- 6. Deepanshi
- 7. Shristy Mishra
- 8. Ritwiz Mishra
- 9. Shayon Mukherjee
- 10. Adarsha Gupta
- 11. Nilay Mitash
- 12. Anmol Wadhwa
- 13. Shriyash Gadade
- 14. Shabbir Gheewaala
- 15. Sudeep Meena
- 16. Dhruv Mistry
- 17. Prachi Nikose
- 18. Girik Rohira
- 19. Soham Parulkar
- 20. Shambhavi Jha
- 21. Sonal Sachdeve
- 22. Kashmira Zopate
- 23. Ajay Pole
- 24. Vaishnav Pai
- 25. Mihir Waykole
- 26. Bhumika Fulmali
- 27. Renuka Kongre
- 28. Hrutuja More
- 29. Yugal Jogad
- 30. Saransh Mourya
- 31. Aakash Pise
- 32. Sadique Ameen
- 33. Gopinath Rajagopalan
- 34. Rishabh Bansal
- 35. Lucky Jesrani
- 36. Mahesh Phad

#### Title:

The availability and utilisation pattern of health care facilities and the factors associated with its inaccessibility in Rural Maharashtra - A mixed method study

#### Introduction:

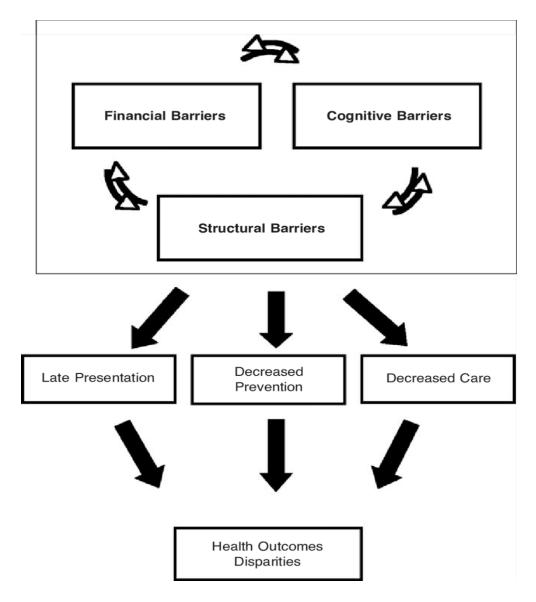
Primary health care is defined as essential health care that is made universally accessible to individuals and acceptable to them through their full participation at a cost the country and community can afford. Equitable distribution is one of the main principles of providing a primary health care. Low income countries have poor utilization of health care facilities and sometimes access to the desired health care facilities is far from reality. Universal health coverage aims at providing universal and accessible health care to all hard to reach and difficult to reach populations, especially the rural villages and the tribal areas.

Although various health care facilities are available at the village level, people often face barriers to access healthcare services, resulting in negative health outcomes. While India has the largest health sector in the world, only one-fifth of healthcare expenditure is publicly financed. Those services that are already available in the area lack in quality and quantity that forces the individual to travel far and wide to access a particular service of health care. However the utilization patterns of the residents of a village differ according to their needs. About 70% of India's population lives in rural areas, and make about 3\$ per day, which is used up in daily necessities like food and not towards healthcare.

When it comes to accessing a particular health care service, various barriers stand in the way such as distance, lack of awareness, lack of need, lack of counselling, failure to provide quality services, non availability of essential drugs, failure to properly guide the people regarding the services that is to be accessed by them and many others.

The Health Care Access Barrier model identifies pertinent financial, structural and cognitive barriers that can be measured and potentially modified.

The Health Care Access Barriers (HCAB) Model facilitates the design of community health interventions by targeting measurable and modifiable determinants of health status. The HCAB is not a comprehensive that attempts to use all the determinants; rather it targets modifiable access barriers in order to serve as a practical tool for root cause analysis and community based interventions. The HCAB model sets health care access barriers as the units of analysis and provides an approach that focuses on the causal pathways between the access barriers and the adverse health outcomes.



#### Rationale:

Access to proper health care facilities is everyone's right and should be available to people from all socio-economic classes. Hence assessing the problems faced by the people of Mandwa will give an insight of these problems and help provide a solution to them. This will result in better access and utilization of the health care facilities and ultimately strengthen community health. Here in this study we are trying to find health care facilities available in village Mandwa, their utilisation pattern and barriers to access desired healthcare.

#### Objectives:

- 1. To study the utilisation pattern of the healthcare facilities in the village Mandwa.
- 2. To explore factors associated with inaccessibility of the healthcare facilities.

#### **Methods:**

#### Study design:-

A mixed method study

#### Study area :-

The study will be conducted in one of the adopted villages under the field practice area of Department of Community Medicine, MGIMS

#### Study period :-

The study will be conducted for a period of 3 months.

#### **Study population :-**

The study will be conducted by interviewing the community health leaders and health workers of the said village and questionnaire will be drafted on the basis of the interviews taken which will be used to explore the various factors associated with inaccessibility of health care facilities.

#### Sample size :-

Initially Participatory Learning and Action (PLA) techniques will be carried out with the selected residents of the village to know in brief the various health care facilities available and their utilization pattern for the same following which Key Informant Interviews will be conducted.

#### Sample size- Key Informant Interviews:

An informed consent will be sought after which around 8 Key Informant Interviews will be conducted, the Key Informants being Sarpanch, ASHA, Anganwadi worker, Social Workers representing the supply side and four active members of the residents of the village representing the demand side.

Based on the Key Informant Interviews a semi structured questionnaire will be prepared using KoBo Toolbox and around 50 residents belonging to above poverty line and 50 residents belonging to below poverty line will be interviewed.

#### Sampling technique :-

For the Key Informant Interviews, a convenient sampling method will be adopted. To explore the factors associated with inaccessibility of healthcare facilities, simple random sampling will be done. List of residents with APL/BPL status will be sought from the Gram Panchayat and using a random number generator, 50 residents belong to APL and 50 residents belonging to BPL will be interviewed using the semi structured questionnaire and their responses will be recorded in KoBo Toolbox.

#### Inclusion criteria:-

Participants above 18 years of age, who have been living in Mandwa for at least a year and have given consent.

#### **Exclusion criteria:**

Those below 18 years of age

Those who have been residing in Mandwa for less than a year.

#### **Data collection:**

After seeking a written informed consent, Key Informant Interviews will be conducted from which various themes will be analysed. Based on this a semi structured questionnaire will be prepared for interviewing the locals of the village. The data will be collected through the KoBo tool box.

#### **Data analysis:**

Data obtained will be entered in excel sheet and analysed using EPIINFO.

# Rapid Survey Methodology Workshop ROME Camp 2022 (2018 batch)

Time	Session	Faculty			
10 AM – 10.30 AM	How to identify a public health problem	Dr Subodh Gupta			
10.30 AM – 11.00 AM	Group work: Identifying public health issue for rapid survey	Faculties			
11AM – 11.15 AM	Tea break				
11.15 AM – 12 MD	Introduction to rapid survey method	Dr Chetna Maliye			
12 MD – 12.30 PM	How to write objectives/ research question	Dr Anuj Mundra			
12:30 PM – 1 PM	Group Work: formulating objectives/ research question	Faculties			
1 PM – 2 PM	Lunch Break				
2 – 2.30 PM	Sampling techniques	Dr Amey Dhatrak			
2.30 – 3.30 PM	Group work: Writing methodology	Faculties PGs			
3.30 – 3.45 PM	Tea Break				
3.45PM – 4.15 PM	Group work: presentation of methodology	Faculties PGs			
4.15 PM – 5 PM	Group work: Tool preparation	Faculties PGs			

# **Student led activities: links to reports**

Youtube video link for Ganesh festival held in Virtual mode

https://youtu.be/WG514ikulBA

ENHR, ROME, SSC, Orientation camps generic description on the institutional website link:

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https://www.mgims.ac.in/files/NAAC/Best%20Practices.PDF

Student-led activities report on institutional website:-

https://www.mgims.ac.in/index.php/academics/students-activities

Sushruta '20, the 45th edition of the Annual Magazine of MGIMS

https://www.mgims.ac.in/index.php/research/in-house-publication

# Schedule: Social Service Camp (2020 Batch), Bhankheda

Date	8-9am	9-10am	10-11am	11am-12pm	12-1pm	3-4pm	4-5pm	5-7pm	
Date	0-9am	9-10am	10-11am	Tram-12pm	12-1pm	3-4pm	4-5pm	5-7 pm	
28 Aug 2021	Preparation for inaug	uration	SSC Inauguration		Village Mapping/ interaction with PRI <b>PVB</b>	Reflections SSG Communication with the Families SW Allotment Families All PGs			
29 Aug 2021	The concept of SSC SSG	Family and Community Diagnosis AVR/AD	Family and Village Schedule PGs/SWs	Social Determinants Community Mobilisat PVB/CM			Village Visit Introduction to families Demo of Exhibition		
30 Aug 2021	Environment Health a AK/AM	and Housing	PHC delivery in India	Safe Water with demo	Identification of Ophthalmic problems in elderly <b>Dr AK Shukla</b>	Enviro	Village Visit Environmental Health, Housing and SLI		
31 Aug 2021	Journal Completion	Leadership in Healthcare BSG	Mental Health and Addiction CM	Focused Group Disc In Depth Interviews PVB	ussion and	Village Visit Adult Schedule (Addiction, Stress, NCDs,Physical Activity, BMI)			
1 Sept 2021	Immunisation AK/AM	Nutrition and Health CM	Nutritional Assessme PGs/AK/AM	ent	Nurturing care for children SSG		<b>Village Visit</b> Child Schedule		
2 Sept 2021	Journal Completion	Equity in health AVR	Interaction with VHN AJ	SC Members	Being a change agent SSG		<b>Village Visit</b> ANC Schedule		
3 Sept 2021	Journal Completion	Adolescent well being CM/SSG	Interaction with KP and SHG PVB/SWs PLA Demo PVB		Village Visit Adolescent Schedule				
4 Sept 2021	Journal Completion	Family Diagnosis	Reflections and feedback SSG	Interaction with NGC	es .	Village Visit			
5 Sept 2021	Family Objectives	Journal Checking an Valedictory Function		tion for Presentation of Community Diagnosis All Faculties and PGs  Valedictory Fu			Valedictory Function		

Students will be given to read sections of Facts for Life book daily at the end of session. They are expected to read and participate in an interactive session based on the section the next morning.

## Mini Bus Schedule:

Date	Time	Reason
28 Aug 2021	9AM	Ferrying members of village for inauguration
29 Aug 2021	3PM	Village visit
30 Aug 2021	3PM	Village visit
31 Aug 2021	9AM	Ferrying AA members
	3РМ	Village visit
1 Sept 2021	3PM	Village visit
2 Sept 2021	9AM	Ferrying members of VHNSC
	3РМ	Village visit
3 Sept 2021	9AM	Ferrying members of KP/SHG
	3РМ	Village visit
4 Sept 2021	9AM	Ferrying members of NGO
	3PM	Village visit
5 Sept 2021	9AM	Ferrying members of village for valedictory

# **Groups:**

Group	Roll no	Faculty	PGs	Social Workers	Intern
Group 1	1-25	DG Dambhare/ Anuj Mundra	Ruchita/ Mohnish	Shubhangi Patil/ Jaiprakash More	Shashank Jangid, Riddhi Patel (29-30 Aug) Shreya Namjoshi, Simran Raka (31 Aug-4 Sept)
Group 2	26-50	Abhishek Raut/ Ashwini Kalantri	Pranit/ Mudita/ Badal	Praveen Bhusari/ Sandeep Sute	Sakshi Chandak, Priya Jain (29-30 Aug) Shraddha Sidgur, Snigdha Sharma (31 Aug-4 Sept)
Group 3	51-75	Subodh Gupta/ Amey Dhatrak/ PV Bahulekar	Sophiya/ Naveen/ Nikhilesh	Alka Kakde/ Chanda Bhondwe	Shubham Sarangpure, Sandra Kiran (29-30 Aug) Suman Meena, Yashika Kotla (31 Aug-4 Sept)
Group 4	76-100	Chetna Maliye/ Arjun Jakasania/ MS Bharambe	Trupti/ Devyani	Surendra Belurkar/ Alka Gaulkar	Sharad Yadav, Pradyut Mallick (29-30 Aug) Teresa, Utkarsha Anwekar (31 Aug-4 Sept)

All interns, PGs and Social Workers will visit the village daily

		_	
1	Panchayat (Gram Sevak)	1-5	Α
2	SHG	6-12	Α
3	Federation (MSRLM)	13-18	Α
4	Kishori Panchayat	19-25	Α
5	Under 5 Children (caregiver)	26-30	В
6	6-10 children (caregiver)	31-34	В
7	Adolescents Boys	35-39	В
8	Adults Males	40-44	В
9	Elderly Males	45-50	В
10	Adolescents Girls	51-55	С
11	Adults Female	56-60	С
12	Elderly Female	61-65	С
13	ASHA	66-70	С
14	AWW 1	71-75	С
15	AWW 2	76-81	D
16	ANM/ MPW	82-86	D
17	RMP	87-92	D
18	School Teacher (High/Primary School)	93-100	D

#### OPD duties of interns in Bhankheda:

Date	Interns	
29 Aug	Riddhi Patel, Sakshi Chandak	
30 Aug	Sandra Kiran, Pradyut Mallick	
31 Aug	Shreya Namjoshi, Yashika Kotla	
1 Sept	Suman Meena, Utkarsha Anwekar	
2 Sept	Simran Raka, Snigdha Sharma	
3 Sept	Teresa, Shraddha Sidgur	
4 Sept	Utkarsha Anwekar, Snigdha Sharma	

# Orientation Camp 2021 Batch Teaching Schedule

Venue: Yatri Niwas, Ashram Pratishtan, Sevagram

Duration: 03 - 09 April 2022

Date	10-11 AM	11 AM-12 PM	2-3 PM	3-4 PM	4-5 PM 5-5.45 PM	6 - 6.30 PM
3/4/2022	Gandhian Thought*   Gandhian Thought	Gandhian Thought	Gandhian Thought	Gandhian Thought	S	Prayer
4/4/2022			Screening of the film - Mahatma	- Mahatma	Interaction with Sushri Chatura Raskar	Prayer
5/4/2022	u i		Gandhian Thought	Gandhian Thought	Peace Walk	Prayer
6/4/2022			Gandhian Thought	Gandhian Thought	Personal & professional development	Prayer
7/4/2022			Workshop on VIHASA	4	Interaction with Interaction with Sushri Ushaben Dr BS Garg	Prayer
8/4/2022			Gandhian Thought	Gandhian Thought	Workshop on VIHASA	Prayer
9/4/2022			Gandhian Thought	Gandhian Thought	Valedictory Function followed by high tea	gh tea

\* On 03 Apr 2022, introduction session will start at 9.00 AM

\*\* Bus will start from the hostel at 8.30 AM on 03 Apr 2022 and at 01.30 PM on 04 – 09 Apr 2022. For return, bus will start at 6.30 PM from the Gandhi Ashram on all camp days. Dr Subodh S Gupta
(Director Professor & Head)
Community Medicine

Dept. of Community (A. "...) N. G. I. M. S. SEVAGRAM.



On the occasion of

# **GANDHI JAYANTI**

students of Mahatma Gandhi Institute of Medical Sciences, Sevagram cordially invite you to a virtual celebration of the 151st birth anniversary of the Mahatma on:

instagram.com/qaasid\_mgims

https://www.facebook.com /Qaasid-102973864414853/





